



**CITY WORKS DEPOT / +64 9 300 5097 / SUN TO WEDS 9AM — 3PM / THURS TO SAT 9AM — 8.30PM**  
**NEWMARKET / +64 9 523 4223 / SUN TO WEDS 9AM — 3.30PM / THURS TO SAT 9AM — 8.30PM**  
ANDSUSHI.CO.NZ

## UDON SALAD

cherry tomatoes, avocado, beansprouts, mesclun tossed with sesame mayo dressing & kumara shavings

\*All gluten free\*

**Charred Eggplant 16**

**Fresh Tofu 16**

**Chicken Breast (FR) 17**

**Bulgogi Beef 17**

**Teriyaki Salmon 18**

## SOBA SALAD

cherry tomatoes, avocado, beansprouts, mesclun tossed with Japanese plum dressing & kumara shavings

\*All gluten free\*

**Charred Eggplant (VG) 16**

**Fresh Tofu (VG) 16**

**Chicken Breast (FR) 17**

**Bulgogi Beef 17**

**Teriyaki Salmon 18**

## PROTEIN SALAD

**Sashimi Salad 20**

Salmon & tuna sashimi, prawn, orange caviar, seaweed salad, avocado, cucumber on green leaves with soy dressing

**Karaage Chicken salad (FR) 20**

Karaage chicken slices, avocado, cherry tomatoes, orange segments, redish on mesclun with coriander & chili dressing

## CURRY

Japanese curry served with nori chips on rice 14

add chicken katsu or prawn katsu +4

## UDON / SOBA

served with savoy cabbage, mushroom, carrot, broccoli, chinese cabbage in tsuyu broth

**Teriyaki Chicken 15**

**Bulgogi Beef 15**

**Inari (fried tofu) (VG) 15**

**Kimchi Inari (fried tofu) (VG) 16**

## BEVERAGES

**Organic green tea 3**

**Miso soup 3**

**Seasonal miso soup 4**

**Karma Range 4.5**

**Six Barrel soda range 5/5.5**

**Antipodes water 5.5**

**Assortment of Kombucha**



Ⓜ GF Gluten Free

Ⓜ FR Free Range

Ⓜ VG Vegan

Ⓜ VE Vegetarian

## DONBURI

add onsen tamago +2

served with savoy cabbage, mushroom, carrot, broccoli, chinese cabbage, ginger, on quinoa white rice  
(\*served with gluten-free mayo)

Eggplant Ⓜ VG Ⓜ GF	15
Teriyaki Tofu Ⓜ VG Ⓜ GF	15
Teriyaki Chicken*	15
Bulgogi Beef* Ⓜ GF	15
Kimchi Pork* Ⓜ GF	17
Teriyaki Salmon* Ⓜ GF	17

**Chicken Katsu Don** 15  
misodare & cabbage salad with gomadare on rice

**Karaage Don** 16  
garlic teriyaki & cabbage salad with gomadare on rice

**Egg Chicken Katsu Don** 16  
with tsuyu onion sauce on rice

**Egg Prawn Katsu Don** 16  
with tsuyu onion sauce on rice

**Sashimi Don** 20  
salmon & tuna sashimi, prawn, avocado, orange caviar, seaweed salad on brown/black or quinoa white rice

## YAKISOBA

add onsen tamago +2

served with savoy cabbage, mushroom, carrot, bean sprout, broccoli, chinese cabbage, ginger  
(\*served with gluten-free mayo & fishflake)

Eggplant Ⓜ VG	15
Teriyaki Tofu Ⓜ VG	15
Chicken* Ⓜ FR	15
Bulgogi Beef*	15
Grilled Prawn*	17

## SOMTHING DIFFERENT

**Salmon & Avo Nori Taco** Ⓜ GF 20  
Salmon & avocado sushi stack with gochujang / cream chesse sauce served with nori tacos

**Sashimi Bibimbab** Ⓜ GF 20  
Salmon & tuna sashimi, lettuce, avocado, orange caviar, seaweed salad with gochujang dressing, on brown / black / quinoa white rice or soba noodle

## SIDE

**Kimchi** Ⓜ VG Ⓜ GF 4

**Edamame** Ⓜ VG Ⓜ GF 5

**Agedashi Tofu** Ⓜ GF 6  
tsuyu & fishflake

**Sashimi Platter** Ⓜ GF 12  
3 pcs salmon, 3 pcs tuna